



Senior Life Conference
February 25, 2017
Cost is \$15 per person

First Baptist Church, 505 Rollingbrook, Baytown

Breakout Session Topics for Seniors, their Children, and/or their Caregivers

Planning for End of Life – What’s involved with memorials and funerals; ways to help and support your family by planning in advance. Presenter – Chris Navarre; Director, Navarre Funeral Home

Keeping Your Family Out of Court/Estate Planning – The handling and passing of what you own; having your wishes carried out while living and at death; answering questions about wills, financial and medical powers of attorney, trusts, medical directives and other issues. Presenter – Steve Don Carlos; Attorney, Reid, Strickland & Gillette.

Dementia/Alzheimer’s - Is there a difference? Understand the issues affecting the individual as well as the family, what to expect plus the unexpected; what should you do and how do you handle it. Presenter – Travis Bolt; Houston & Southeast Texas Chapter of the Alzheimer’s Association

Having the Other Talk – How to begin the conversation with your parents or your children concerning wishes for health care, long term care and end of life issues. Presenter – Clara Monroe, Pro-Act Counseling

The Sandwich Act – Balance children, grandchildren, jobs, and parents while caring for yourself. How do you handle changing roles with your parent? Presenter – Tara Warner, Pro-Act Counseling

All By Myself – Learning to live after losing a spouse. Presenter – Mary Helen McFerren Casseday, Pro-Act Counseling

When You Can’t Live by Yourself - Nursing homes, independent living, assisted living, skilled nursing, home care – The difference between these, how to choose and when to choose. Presenter – Steve Andriko, author of “The Road Map to Senior Care.

Security, Scams and Identity Theft. – Home security and how to protect yourself from scams and identity theft. Presenter – Stewart Beasley, Crime Prevention Officer, Baytown Police Department





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REGISTRATION FORM
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Cost is \$15 per person
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Copy as needed for multiple registrations

Cut and return to San Jacinto Baptist Association, P.O. Box 1533, Baytown, TX 77522-1533 by February 13
Make check for \$15 per person payable to San Jacinto Baptist Association

Name: _____
Address/City/Zip: _____
Contact Phone: _____ Church/City: _____
Email: _____

Check one topic per session you will attend:

Session 1

- Planning for End of Life
- Keeping Your Family Out of Court/Estate Planning
- The Basics: Memory Loss, Dementia & Alzheimer's
- Having the Other Talk

Session 3

- Planning for End of Life
- Keeping Your Family Out of Court/Estate Planning
- The Basics: Memory Loss, Dementia & Alzheimer's
- Having the Other Talk

Session 2

- All By Myself
- The Sandwich Act
- When You Can't Live by Yourself
- Security, Scams, Identity Theft

Session 4

- All By Myself
- The Sandwich Act
- When You Can't Live by Yourself
- Security, Scams, Identity Theft

Schedule (Session 1 and 3 are repeats. Session 2 and 4 are repeats)

8:00 a.m. Registration/Coffee & Light Snacks
8:30 – 9:10 a.m. Opening General Session
9:15 – 10:00 a.m. Breakout Session 1
10:10 – 10:55 a.m. Breakout Session 2
10:55 – 11:15 a.m. Break/Snacks
11:15 – Noon Breakout Session 3
12:10 – 12:55 p.m. Breakout Session 4
1:00 – 1:30 p.m. Lunch & Expo
Visit with presenters at "Expo" type tables

